



APRIL 2011

Always Improving

At Collingswood, customer service is always a priority. In addition to providing outstanding care, changes are in the works to beautify the center. Look for new carpet and new artwork on the units in the coming weeks. All resident rooms now have new visitor chairs and stylish lobby furniture is on order.



“Our residents and families are the best and they deserve to have the best accommodations during their stay with us,” states Administrator Kathy Catucci.

Catucci adds that feedback is always welcome. Let us know what you think!

Upcoming Seminars

Wednesday, April 6th at 4:30 p.m.:
VA Benefits Speaker: Ken Murling
No CEU credit available

(For Professionals)
Wednesday, June 22nd at 4:30 p.m.:
Compulsive Hoarding
Speaker: Dr. Tricia Tomsco-Nay
2 CEU credits available

Inside this issue...

The Right Chemistry
Yummy Apricot Recipe
A Friendly Physician



Safety First

The state fire inspectors just completed their annual survey of Collingswood. Overall, the center passed with flying colors. The inspectors had some safety reminders to pass along to our staff and families.

*Fire extinguishers and pull stations must be kept clear of obstructions and have free access.

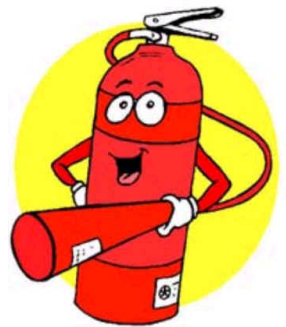
*Oxygen concentrators and O2 tanks need to have the magnetic “No Smoking-Oxygen in Use” sign attached to the doorway. This applies to rehab rooms and common areas.

*Nothing should be in the path of fire doors even temporarily. (walkers, wheel chairs, med carts, housekeeping carts, etc.).

*Resident restroom doors should either be left closed or all the way open. This avoids impeding the hall door from closing and forming a smoke barrier in the event of a fire.

*Nothing can be stored closer to the ceiling than 18”. Please make sure that residents don’t have possessions stored up high. This also applies to storage areas throughout the building.

Contact a member of the maintenance team if you have any questions.



Chag Kasher veSame'ach
Pesach!





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Resident Spotlight... Great Chemistry

“Chemistry is a part of everything... your body, our food. It is a very exciting field of study,” says Mr. Eugene Martin.

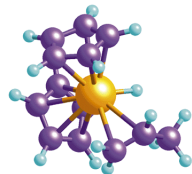
Mr. Martin received his degree in chemistry from Columbia University and began work studying nuclear fallout from bomb testing in the 1950’s.

“We took samples of milk, water and even human bones from all over the world to look for traces of radioactive materials,” he recalls.

It is not much different than the work being done in Japan today. Some of the techniques Mr. Martin used and helped develop are still being used for testing. He later used his chemical engineering skills and studied Parkinson’s Disease using x-ray technology.

Mr. Martin can easily be classified as a team player, especially in his leisure time. Over the years, he has played in a bowling league, and on baseball, tennis and golf teams. He even took up roller skate dancing!

His three grown children live in his native south Florida. Everyone who meets Mr. Martin can sense his own special *chemistry*!



Employee Spotlight... Always a Doctor

It was inevitable. Marichu Matas was going into medicine. Nearly her entire family is in the field.

“I wanted to be a doctor my whole life, it was a part of me,” she says.

Dr. Matas was educated in the Philippines and at the request of her family, she moved back to the United States to begin her career. She is certified in internal medicine, critical care and nephrology.

“I enjoy treating very complex cases. I feel very comfortable in a critical care environment,” she explains.

Although most of her time is spent at the hospital, Dr. Matas says she looks forward to seeing even more patients at Collingswood. She feels that the short-term unit is the place for her.

“The staff at Collingswood is extremely competent and well organized and the residents there need a lot of attention,” she says.

A wedding is in her future, just how far off, she doesn’t know. She is engaged no date in mind. At this point, she says there is “no rush”.

Welcome to Collingswood Dr. Matas!





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Message from the Administrator

Last month we hosted the state inspectors for our annual survey. Their new review process took some getting used to, but the Collingswood staff handled it with patience and professionalism. While there is always room for improvement, I am very proud of the hard work and diligence of the staff over this past year. It is inspiring to see such dedicated individuals consistently give quality care to our residents. Many thanks to a terrific team!



Kathy Catucci, RN, LNHA

April Activities...

- 4/4 - 10:30 Thomas Jefferson Prep School coming to share songs & goodwill.
- 4/9 - 2:30 Central SDA Korean Church
- 4/12 - 2:15/3:15 Sandy Lederman sings
- 4/14 - Egg Decorating!
- 4/16 - 2:30 David Solovey- sings/karaoke
- 4/21 - 11:45 Passover Service & Luncheon
- 4/22 - 2:15 Chinese Alliance Church- music
- 4/24 - 2:15 Easter Refreshments
- 4/26 - 2:30 Linda Leach – music

For more information, check with the activities team.



HAPPY EASTER!

Spring Fresh Recipe

Apricot Chicken w/ Asparagus

4 boneless, skinless chicken breasts
 3/4 teaspoon salt, divided
 1/4 t. freshly ground pepper
 1/4 C. all-purpose flour
 1 T. canola oil
 3/4 C. dry white wine
 1 medium shallot, minced
 4 fresh apricots, pitted and chopped
 2 T. apricot preserves
 2 t. chopped fresh tarragon or 1/2 t. dried
 Pound chicken with a meat mallet until flattened to an even thickness, about 1/2 inch. Sprinkle with 1/4 t. salt and pepper. Place flour in a shallow dish and dredge the chicken shaking off excess. Heat oil in a large skillet (medium heat), add chicken and cook until browned about 3 to 5 minutes per side. Transfer to a plate, cover and keep warm. Remove from heat, add wine and shallot to the pan. Return to medium heat and cook, until slightly reduced. Add apricots and cook until the fruit begins to break down, 2 to 3 minutes. Stir in preserves, tarragon and 1/2 t. salt. Return the chicken to the pan and cook until heated through, 1 to 2 minutes. Spoon sauce over the chicken and serve with fresh steamed asparagus.



Check It Out...

The National Kidney Foundation's 2011 Kidney Walk is scheduled for May 1 at the Mall at Prince Georges Hyattsville, Maryland. Contact: libby.agliata@kidney.org for more details.



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Editor's Note



Spring season means a lot of different things to different people. This year spring will be even more special to me because of my new one-of-a-kind garden table. One of my amazing brothers-in-law built it for me and it is nearly ready to plant my family's favorite garden goodies.

Since this is my first attempt, I plan to share the progress, successes and failures to help you with your own gardens. With any luck, the *Collingswood Post* recipes will reflect SUCCESS!

Best wishes to you and your family for a fruitful and happy Spring!

Trish Evans
tevens@collingswoodnursing.com
301-787-8698



NURSING & REHABILITATION CENTER
299 Hurley Avenue
Rockville, Maryland 20850
www.collingswoodnursing.com

Kidney Facts (from NKF)

*26 million Americans have chronic kidney disease and most don't know it.

*Every five minutes, someone's kidneys fail.

*Nearly 400,000 people depend on dialysis for survival.

*People with diabetes, high blood pressure, or have a family history are at the highest risk for developing kidney disease.

*Early detection and proper treatment can slow or even prevent the progress of kidney disease. (Contact: www.kidney.org for more information.)