



Collingswood

NURSING & REHABILITATION CENTER

Enriching lives with uncommon care

About Collingswood

Perhaps it's the welcoming aroma of cookies baking... maybe it's the homey overstuffed chairs in the admissions office... or it could be the housecat curled up on a resident's lap. You'll notice something different about Collingswood Nursing and Rehabilitation Center in Rockville.

We've earned an excellent reputation for high-quality care, family satisfaction, stable management and solid value... and for being, well, different. We're proud that our approach brings unique benefits to residents.

To us, resident care means more than simply creating a warm, homelike atmosphere. It means each resident's individual needs come first, before any institutional (and dare we say "conventional"?) practices.

Our less restrictive environment means people are empowered to experience life to the fullest. Arbitrary rules designed only for staff convenience have no place at Collingswood.

Here, you'll find lots of love, lots of hugging and reassuring touches, lots of opportunities and encouragement for exercising cultural and spiritual traditions. (Just like we'd hug and pray with our own mothers and fathers.) The gift of friendship is extended to residents and families alike.

Families and health professionals appreciate our extraordinary willingness to accommodate residents' needs, from medical and emotional to food preferences. Our quick response to hospital discharge planners gets high marks as well – we know that when you need help, you need it now, not later.

"Different" also means we explore many therapeutic avenues for reducing pain, improving mood and enhancing peace of mind. Our licensed nurses, therapists and aides are augmented by licensed massage therapists and a licensed acupuncturist. Many residents also take comfort from aromatherapy, pet therapy and guided imagery.

Stop by our convenient Montgomery County location and let us take you on a tour. Prepare to be surprised. We may not be what you're expecting from a nursing and rehabilitation center !

About Rehabilitation

Collingswood offers rehabilitation services for the evaluation and treatment of acute or chronic disorders such as arthritis, brain injury, cancer, debility, joint replacement, hip-fracture, movement disorders, musculoskeletal problems, neuromuscular disease and stroke. The team of professionals – physical and occupational therapists and speech-language pathologists – develops individualized plans for each patient to maximize their recovery and enable them to achieve the highest level of function.

Physical therapy services include therapeutic exercise & strengthening, balance re-training, gait training, functional mobility training, prescription of assistive devices, application of modalities and wheelchair seating & positioning.

Occupational therapy services are available to improve daily living skills such as dressing and bathing, provide training in use of adaptive devices, improve functional perceptual / cognitive skills and address upper extremity / hand problems.

Speech therapy services address communication and cognitive deficits as well as eating and swallowing disorders.

The Rehabilitation Department provides a variety of tools to promote recovery including weights, hand cycles, NuStep recumbent trainer and pain reduction / healing modalities such as ultrasound and electrical stimulation. We also have a fully equipped “apartment” to simulate household tasks such as cooking and light housework.

Our therapists work closely with other Collingswood team members including physicians, nurses, social workers and dietitians. We encourage family participation and offer a flexible schedule to support caregiver training. In addition to an average experience of more than 15 years, our therapists provide the care and extra attention that is so important during the healing process.

The Admission Process

Admission to a health care facility can be a daunting experience. It need not be. This checklist is designed to assist you prepare for admission, and hopefully will lessen the anxiety that accompanies an unfamiliar process. Just remember, we are here to help you.

Pre Admission

Prior to arrival at Collingswood, you can gather information and documents together which will assist in completing the paperwork. Information which will be needed during the pre admission interview includes:

Resident drivers license, insurance cards, Medicare Card, Medical Assistance Card, etc

Power of Attorney, Durable Medical Power of Attorney (if there is one)

Advance Directive (if there is one)

Name, address, phone number of resident's physician

Brief family tree- so we will know who is who

Family history so that we will know enough about your loved one to make them comfortable. It helps us to know what a normal routine looks like to your loved one.

Copy of Social Security Check, pension check or other monthly income source if you will be applying for Medicaid in the next three months

Contact information for responsible family members

Contact information of other health care facility if the resident is currently in the hospital or other nursing home

The Admission Process

Day of Admission

The day of admission can sometimes be stressful. Let us take the worry out of the transition. We will make sure that the room is ready when your loved one arrives, that any medications needed are on hand and that we have doctor's orders for ongoing care from the first minute at Collingswood.

We will need:

Medical record from other health care facilities – we arrange for this

Doctor's orders, prescriptions, therapy orders

Resident's personal belongings such as clothes, glasses, dentures, hearing aids, as well as personal items such as photos of grandchildren, and that favorite pair of slippers.

You will be asked to:

Sign the admissions agreement

Provide follow-up insurance information if not already provided

Gather copies of bank account, insurance policy, investment statements owned by your loved one prior to making application for Medical Assistance

After Admission

You can feel comforted that your loved one will thrive at Collingswood with a little help from family and friends. Feel free to visit often and attend the Care Planning Sessions. This will give you an opportunity to provide valuable insights that can make our care giving more effective. These Care Planning meetings are also an opportunity for you to observe the planning process that results in quality care.

We encourage you to interact with staff at all levels, ask questions and provide input.

Application for Admission



NURSING & REHABILITATION CENTER
299 Hurley Avenue ~ Rockville, Maryland 20850
phone: 301-762-8900 ~ fax: 301-838-0416
TTD for Disabled MD Relay Service phone: 800-735-2258

Complete the following information by printing in the data and signing the last page. Mail, fax, or deliver this application to Collingswood Nursing and Rehabilitation Center, later referred to as CNRC.

Admission date: _____

Room desired: Private Semi-Private

Legal name of prospective resident: _____

Address: _____

Phone number: _____ Marital status: _____ Age: _____ Sex: _____

Date of birth: _____ Social Security #: _____

Medicare #: _____ Part A (Hospital) Part B (Medical)

Other insurance: _____ Policy #: _____

Address: _____ Phone: _____

Diagnosis: _____

History of mental illness: Yes No

Prospective resident is at: Home Hospital Other (specify) _____

Hospital's name: _____ City: _____ State: _____

Last dates of residing in a *skilled* nursing home: _____

Is resident being admitted: Short term Long term

Application for Admission

Financial Profile

To establish that a resident has adequate financial resources for payment of services, for purposes of long-term planning, please complete the following:

MONTHLY INCOME

Social Security	\$	_____
Retirement / Pension	\$	_____
Annual Rental Income	\$	_____

RESIDENCE (if resident owns)

Value (approximate)	\$	_____
Mortgage (approximate)	\$	_____

ASSETS (current balance of)

Savings Account(s)	\$	_____
Checking Account(s)	\$	_____
Stocks	\$	_____
Bonds	\$	_____
Certificates of Deposit	\$	_____
Other (describe)	\$	_____

LIABILITIES (Medical bills, credit cards, charge accounts, loans)

Dollar Total	\$	_____
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Specify Liabilities: _____

I hereby attest that the above financial information is accurate and assets are available to the resident to pay for services received at CNRC. It is understood that CNRC relies on the accuracy and completeness of the information furnished in order to make an admission decision.

Responsible Party's Signature

Date



Collingswood
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Room Rate Schedule

Room Type	Rate*
Semi-Private	\$233
Large Semi-Private	\$245
Large Semi-Private (Short Stay)	\$285
Deluxe Semi-Private	\$263
Private	\$272
Large Private	\$310
Deluxe Private	\$323
Deluxe Private (Short Stay)	\$368
Suite	\$380
Daily Provider Assessment Tax	\$12.62**

**Daily Provider Assessment Tax – the State has not disclosed the actual amount, so this estimated rate will be adjusted once we get the exact amount from the State of Maryland.

*Includes nursing and restorative services, social services, activities, dietician consultation, meals, and:

Turning and positioning, routine equipment rental, such as wheelchairs, walkers, geriatric chairs, commodes, chair and bed alarms, supplements, injection administration, routine personal care items, and non-prescription skin ointments, and:

Satellite television with 22 stations, Companion Radio, access to computer with internet.

Rehabilitation services may be covered in full or partially by Medicare or other insurances.

Ancillary Chargeable items are listed on the Reverse side.

Ancillary Fee Schedule



Special Care

Catheter, colostomy, or ostomy care*	\$6.00 a day
Incontinent care with supplies	\$9.50 a day
Incontinent care without supplies	\$6.00 a day
Isolation	\$15.00 a day
IV/Central Line Care	\$20.00 a day
Nebulizer Care	\$4.00 a day
Wound Care	\$8.00 a day
Oxygen (includes machine & tanks)	\$5.00 a day
Diabetic Monitoring*	\$2.00 a day
Hand Feeding	\$8.00 a day
Tube Feeding	\$8.00 a day

*May be partially covered by Medicare Part B or other insurances

Specialized Equipment

Therapeutic Mattresses	Cost + 10%
Suction Machines	\$35.00 a month

Laundry

\$70.00 a month

Transportation Escort Services

\$70.00 a visit

Beauty Shop

Prices available upon request

Sample Menu

This is a sample menu of the meals available at Collingswood Nursing Center. Meals are planned by a Registered Dietitian and vary from day to day and week to week.

BREAKFAST

ORANGE JUICE
or APPLE JUICE

CREAM OF WHEAT
or OATMEAL/COLD CEREAL

HARD COOKED EGG
or SCRAMBLED EGG

BANANA MUFFIN & MARGARINE
or TOAST with MARGARINE & JELLY

LUNCH

SEAFOOD NEWBURG over RICE or with MASHED POTATOES
or CHICKEN CAESAR SALAD

BROCCOLI CUTS
or MIXED VEGETABLES

DINNER ROLL/MARGARINE

BLUEBERRY COBBLER
or FRESH FRUIT CUP

DINNER

CHICKEN VEGETABLE SOUP

SHEPARD'S PIE
or OPEN FACED TURKEY SANDWICH with MASHED POTATOES

SLICED CARROTS
or STEWED TOMATOES

DINNER ROLL/MARGARINE

PINEAPPLE UPSIDE DOWN CAKE
or PINEAPPLE TIDBITS

You can ask for a copy of the current week's menu from the Admissions Department.